

VHS PE Waiver Policy

Vashon Island High values providing high quality physical education opportunities to students while at VHS. Our Island community is active and fit which is reflected across our student population. We also see a critical window for students to incorporate fitness and health principles into their life before leaving home for post secondary pursuits. These reasons, and more, were behind the change to PE programming for the 15-16 school year, which results in a dramatic increase to PE enrollment. We will continue to offer creative and diverse PE offerings so all students can access the life fitness skills we want them to acquire. Our main hope is to incentivize PE course enrollment through attractive class options.

In addition to our promotion through attraction we honor the state's requirement for PE courses as well as the state's flexibility for waivers with the following set of guidelines:

- In order to receive a VHS diploma all students will be required to take at least 1 PE class (.5 credit) at VHS during their time here, including Running Start and transfer students.
- Up to 1.0 Credit, or two PE courses, can be waived under the state's defined conditions including:
 - Military Science
 - Employment
 - Physical disability
 - Religious Belief
 - Directed Athletics
- Directed Athletics shall be defined as:
 - Defined by a season
 - Led by a coach, director, or instructor
 - Having a registration process, rules of competition or performance, and liability insurance
 - Meet or exceed 90 hours of activity, roughly equivalent to a .5 PE course.
 - Can include school, or outside sports for which a student fails to secure a WIAA credit for
- Finally, to apply for the PE waiver students simply pick up the form, supply the requested information and get the indicated signatures, and return to the main office.
 - A waiver does not count as credit
 - A waiver relieves the student from taking a PE course and instead opens up that course slot for a different class.